



1-on-1 Nutrition Counseling Packages

All packages include access to a customized meal plan and our nutrition app where you can easily communicate with your dietitian, journal your food, manage your goals, and schedule appointments.

NEW CLIENT PACKAGES

RENEWAL PACKAGES

4-pack **\$260 total**
or split into 2 - \$130 payments

- First payment is due at the initial session
- Second payment is due at the third session
- Includes:
 - One 60-minute Initial Nutrition assessment
 - 3, 30-minute Follow-Up Sessions

4-pack **\$200 total**
or split into 2 - \$100 payments

- Includes:
 - 4, 30-minute Follow-Up Sessions

8-pack **\$450 total**
or split into 3 - \$150 payments

- Includes:
 - One 60-minute Initial Nutrition assessment
 - 7, 30-minute Follow-Up Sessions

8-pack **\$390 total**
or split into 3 - \$130 payments

- Includes:
 - 8, 30-minute Follow-Up Sessions

12-pack **\$615 total**
or split into 3 - \$205 payments

- Includes:
 - One 60-minute Initial Nutrition assessment
 - 11, 30-minute Follow-Up Sessions

12-pack **\$570 total**
or split into 3 - \$190 payments

- Includes:
 - 12, 30-minute Follow-Up Sessions

1 hour session only
30-minute session only

\$110
\$60

HSA & FSA Cards Accepted.



931 Boston Road Haverhill, MA 01835

All nutrition services are provided by our Registered Dietitians. To learn more, contact:
nutrition@cedardale-health.net
978-373-1596 ext. 121



Scan the QR Code to book a complimentary 15-minute consult with one of our RDs!